**SURBHI PANPALIYA**

206, C-Wing, Liliya Nagar, Near MTNL Signal, Goregaon (W), Mumbai, India–400062 7798598630

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**PROFESSIONAL SUMMARY**

Qualified psychologist with more than one and half years of experience in the mental health field backed by the employment in the LAHI. Adopt using group therapy and Individual counseling to facilitate client awareness and emotional growth.

**SKILLS**

* Excellent listening and communication skills
* Ability to develop a non-judgmental approach
* An understanding of confidentiality and professional boundaries
* Resilience, patience and humility
* A genuine interest in others
* Facilitating counseling session
* Discharge planning
* Group counseling

**WORK HISTORY**

* **LAHI – Lend A Hand India, Mumbai, India**
  + **Counselor, 1st June 2018 – Till Date**

Lend-A-Hand India's mission is to make a difference in the lives of the poor through self-help. By partnering with grassroots non-profit organizations, community groups, and local governments, we create better access to education, vocational training, career development, employment and entrepreneurial opportunities. Our goal is to help the poor realize their full potential to meet their aspirations for a better life

**Roles and Responsibilities**

1. Conduct session in school with (8th – 9th Standard) students to understand their emotions and conduct the activities that can help them to understand their emotions.
2. Conducting individual sessions for student.
3. Whole session designed in such a way that students can express their emotions and they should be aware of their emotions and behavior.

* **The Integral Space, Mumbai**
  + **Executive, Sept 2017 – May 2018**

The Integral Space is a community center for those interested in health, wellbeing, arts and culture. The Integral Space is a community center that promotes Health and Wellbeing, Arts and Culture. The Integral Space is a social enterprise. Integrate lives bringing healthier, happier, and harmonious life experience.

**Roles and Responsibilities**

* Used to manage space.
* Psychometric testing.
* Client co-ordination.

**EDUCATION**

* **Secondary Education:** 10th, 2008

**H.G.K.V. Dhamangaon Railway, Dist – Amravati**

Passed with 60.61%

* **0Higher Secondary Education:** Science, 12th, 2010

**Adarsh Science College Dhamangaon Railway, Dist – Amravati**

Passed with 54.17%

* **Bachelor of Arts –** Psychology, 2014

**L.A.D College Nagpur** – Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur

Graduated with – 44.80%

* **Master of Arts:** Counseling, 2016

**Rashtrasant Tukdoji Maharaj Nagpur University Pariksha Bhavan, Nagpur**

Graduated with – 7.53 CGPA

* **Post-Graduation Diploma in Therapeutic Counseling:** Counseling,2018

**College of Social Work Nirmala Niketan –** Mumbai Maharashtra

Passed with 55.43%

**CERTIFICATION**

* Certified Child Sexual Abuse
* Handwriting Analysis

**Gestal therapy**